

This document has been prepared by the NZCAF Technical Committee in partnership with the NZCAF Executive Committee.

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Any questions can be directed to the NZCAF Technical Committee by emailing nzcaf.tc@gmail.com.

2026 Selection Process

Requirements for athletes and teams trialing for selection

Athletes and teams who are trialing for selection must:

- Complete [an expression of interest form](#) prior to February 28th 2026.
Please note, this is not a commitment to trial, but is intended to allow team planning and logistics to begin.
- Complete the Selection Agreement and email to nzcaf.tc@gmail.com
- Compete at
 - the 2026 NZ Sport Aerobics & Fitness Open; AND
 - at least one of the 2026 NZCAF regional competitions; AND
 - the 2026 NZCAF National Championships.

We encourage all those trialing for selection to attend 2-3 regional competitions for a successful build up to World Championships.

Note; It is **not** a requirement to attend the 2026 FISAF Pacific Open.

Selection Opportunities

Primary Selection Opportunity - 2026 NZ Sport Aerobics & Fitness Open, Christchurch

- Eligibility: FISAF athletes and teams who compete at the event

- Selection will be decided by the appointed Selection Committee. Input may be sought from the event's judging panel.
- Selected athletes will be announced at the end of prize giving, and on the NZCAF facebook and instagram.

Additional Selection Opportunity One - NZCAF Southland OR Christchurch Regional Competition

- Eligibility: FISAF athletes and teams who compete at the event AND who competed at the 2026 NZ Sport Aerobics & Fitness Open.
- Athletes/teams will only be selected if there are spots remaining in the 2026 FISAF NZ Team.
- Selection will be based on submission of a video of their performance at the event.
- Selection will be decided by the appointed Selection Committee. Input may be sought from the event's judging panel.
- Coaches must submit the video within 7 days of their performance event, following the 'Video Submission Process' outlined below.
- Coaches will be informed of the decision via email within 14 days of the Christchurch regional competition.
- Any additional athletes/teams selected will be announced via the NZCAF facebook and Instagram once coaches have been informed.
- Any additional athletes/teams selected will also be formally announced at the 2026 NZCAF National Championships.

Additional Selection Opportunity Two - NZCAF Wellington Regional Competition

- Eligibility: FISAF athletes and teams who compete at the event AND who competed at the 2026 NZ Sport Aerobics & Fitness Open.
- Athletes/teams will only be selected if there are spots remaining in the 2026 FISAF NZ Team.
- Selection will be based on submission of a video of their performance at the event.
- Selection will be decided by the appointed Selection Committee. Input may be sought from the event's judging panel.
- Coaches must submit the video within 7 days of the event, following the 'Video Submission Process' outlined below.
- Coaches will be informed of the decision via email within 14 days of the event.
- Any additional athletes/teams selected will be announced via the NZCAF facebook and Instagram once coaches have been informed.
- Any additional athletes/teams selected will also be formally announced at the 2026 NZCAF National Championships.

Final Selection Opportunity - 2026 NZCAF National Championships

- Eligibility: FISAF athletes and teams who compete at the event AND who competed at the 2026 NZ Sport Aerobics & Fitness Open AND who competed at an Additional Selection event (Southland, Christchurch or Wellington Regional Competition)
- Athletes/teams will only be selected if there are spots remaining in the 2026 FISAF NZ Team.
- Selection will be decided by the appointed Selection Committee. Input may be sought from the event's judging panel.

- Selected athletes will be announced at the end of prize giving, and on the NZCAF facebook and instagram.

Video Submission Process

Videos must clearly show the full performance and be filmed front on.

Videos must be uploaded (e.g. to a google drive account) then shared with the NZAF Technical Committee nzcaf.tc@gmail.com.

Once uploaded and shared, email the NZCAF Technical Committee nzcaf.tc@gmail.com.

Allocation of available places in the 2026 NZ FISAF Team

In 2026 we are able to select up to 5 athletes/teams for each category to attend World Championships. Places will be allocated as the year progresses. Meaning there may be fewer places available as the year progresses.

Example: If three Senior Individual Women are selected in June, then a further two are selected in August - there will be no remaining Senior Individual Women places available in September.

Team Management

The Team Management will consist of a New Zealand head coach and administrator. These roles are appointed by and accountable to the NZCAF Technical Committee and NZCAF Executive committee.

Their role is to support and oversee the successful presentation of a high-quality New Zealand team at the 2026 World Championships. They have jurisdiction over the Selection Agreement and its enforcement.

The Team Managers will work directly with selected individuals, their coaches and the Selection Panel in the build up to the event.

Requirements for coaches of selected athletes and teams

Coaches of selected athletes and teams must Complete the Selection Agreement.

Feedback pre/post event

In past years the Selection Panels have provided detailed routine feedback for free to athletes/teams trialing for selection. However, due to the increased volume of athletes trialing this is no longer sustainable.

As part of the Selection Process, general feedback will be offered to competitors via their FRF Skills Sheet at the end of the event and the Selection Panel will provide brief general feedback relating to selection.

The Selection Panel will not provide more detailed feedback, or coaching to coaches or athletes free of charge.

2026 Selection Policy

1. Selection Committee - The Selection Committee is appointed by the NZCAF Technical Committee.
2. Team Selection - The selection and composition of the team is solely at the discretion of the appointed Selection Committee following the approved Selection Process.
3. Decisions - All decisions regarding selection, withdrawal and team composition are made by the Selection Committee.
4. Disputes - Any dispute on a decision must be lodged in writing to the NZCAF Technical Committee. The NZCAF Technical Committee will consider all disputes through a special meeting of the Committee, and mediate a resolution as required. The decisions of the Technical Committee will be reviewed by the NZCAF Executive Committee before being finalised.
5. Agreement - All athletes intending on trialing for selection must complete the Athlete Selection Agreement.
6. Dispensation for participation - Where injury, illness, mechanical factors, misadventure or other relevant factors have prevented participation at a Selection Event, an athlete may apply for a Dispensation to the Selection Committee. This application must be lodged prior to the event commencing. All evidence to support such a Dispensation must be included and forwarded by email within 5 working days of the selection competition.
7. Dispensation for category change - Where injury, illness, mechanical factors, misadventure or other relevant factors result in a change to the make up of a trialing or selected team, the team may apply for a Dispensation to Change Categories to the Selection Committee. This application must be lodged prior to the event commencing. All evidence to support such a Dispensation must be included and forwarded by email within 5 working days of the selection competition.
8. Fitness - The Selection Committee has the right to require an athlete to submit to a fitness test and/or medical examination by a nominated medical professional solely to determine an athlete's readiness to perform at the FISAF World Championships.
9. Replacement - If a selected member should withdraw and or is declared unfit to continue as a member of the team, the Selection Committee will replace this member with the first reserve athlete (if appropriate).
10. Injury / Illness - If a selected member is determined to be injured or ill subsequent to selection, their continued status as a selected member will be re-assessed by the Selection Committee in consultation with the individual, medical personnel and/or nominated representative.
11. Funding - All costs associated with attending the FISAF World Championships are borne by the individual.

2026 Selection Agreement

PARTIES

(1) New Zealand Competitive Aerobics Federation ("NZCAF");

and

(2) _____ (Print name) ("the Individual")

1. DEFINITIONS

- | | |
|--------------------|---|
| a. Team | The 2026 FISAF New Zealand Sport Aerobic & Fitness Team |
| b. Individual | A Sport Aerobic of Fitness athlete or Coach |
| c. Event | The FISAF International World Championships 2026 |
| d. NZCAF | The New Zealand Competitive Aerobics Federation |
| e. FISAF | The Federation of International Sport Aerobics and Fitness |
| f. WADA | The World Anti-Doping Agency. |
| g. Team Management | Means any person(s) appointed by NZCAF Executive committee to manage the team |
| h. LOC | The Local Organising Committee of the Event |

2. INDIVIDUAL'S WARRANTIES

- a. The Individual warrants that they:
 - i. are a financial member of NZCAF;
- b. Where the Individual is a selected athlete, they warrants that they:
 - i. meet any and all requirements for selection laid out in the Selection Policies.
 - ii. is not in breach of the Sports Anti-Doping Act 2006 and/or the Anti-Doping rules or policies of WADA, and is not currently subject to a sanction imposed by WADA [or any other relevant agency]. A "breach" shall include:
 1. an Individual being under investigation for an alleged anti-doping rule violation under the provisions of the of the WADA and/or NZCAF anti-doping rules or policies; or
 2. a failure to comply with an Individual's obligations under the WADA anti-doping rules or policies, even if such a breach does not result in an anti-doping rule violation; or
 3. an Individual being suspended pending determination of an alleged anti-doping rule violation.
 - iii. is not currently subject to disciplinary proceedings by FISAF or NZCAF, including investigations and pending determination of the matter;

3. TRAVEL REQUIREMENTS

- a. The Individual will:
 - i. undertake to comply with any domestic travel requirements to and from the event as dictated by Team Management and/or NZCAF
 - ii. book and pay for all domestic travel to and from the event
 - iii. arrive at event venues by the times dictated by Team Management and/or NZCAF
 - iv. use only the official team accommodation package during the event;

4. UNIFORM REQUIREMENTS

- a. The Individual agrees to
 - i. purchase the minimum uniform requirements, as specified by Team Management;
 - ii. wear only the official team uniform when attending the event. Club and/or sponsor gear is not to be worn;
 - iii. present themselves and the uniform with pride throughout the event.

5. PRE – EVENT REQUIREMENTS

- a. The Individual will:
 - i. return information forms, deposits (if requested) and payment to Team Management by the stated date to enable organisation requirements to be met;
 - ii. purchase the official team uniform specified by Team Management from the specified suppliers, within the required time frames;
 - iii. notify team management of their travel arrangements to the event;
- b. Where the Individual is a selected athlete, they will also:
 - i. disclose to Team Management as soon as possible after becoming aware of any physical or mental illness and/or injury or any other factor that may prejudice the Individual's proper participation or performance on the event;
 - ii. declare to Team Management any prescribed medication taken, and provide a doctor's letter detailing its purpose and ensure that the Individual has a supply of such medications as necessary for the duration of the Event;

6. REQUIREMENTS DURING THE EVENT

- a. Whilst at the event the Individual shall:
 - i. represent NZCAF and New Zealand in a positive manner and display sportsmanship at all times';
 - ii. abide by all rules and policies governing the event and the NZ team;
 - iii. participate in all required meetings at the event as directed by Team Management;
 - iv. be responsible for all personal possessions and equipment
- b. Where the Individual is a selected athlete, they will also:
 - i. disclose as soon as possible after becoming aware of any physical or mental illness and/or injury or any other factor which becomes apparent during travel to or during the Event which may prejudice the Individual's proper participation or performance at the event;
 - ii. neither take nor use drugs or stimulants and be familiar and comply with WADA Drugs in Sport Regulations;
- c. Complaints of any kind must be made to Team Management and/or NZCAF at the earliest possible time;
- d. In no case will the Individual directly (other than socially) communicate with a Judge or official of the event unless requested by the Judge or official.
 - i. Team Management must immediately be notified of any communication with an event Judge or official.

7. WITHDRAWAL

- a. The Individual may withdraw from the team by advising NZCAF and Team Management of this decision in writing. This notification must be received at least 28 days prior to the event.
- b. A selected Individual may be withdrawn from selection following the Selection Policy.

- c. The Individual acknowledges that they may not be eligible for refunds of deposits or payments made to Team Management unless they were stated to be refundable by Team Management.
- d. The Individual agrees that any additional costs incurred, or financial losses resulting from the Individual's withdrawal will be at the Individual's personal expense.

8. MISCONDUCT

- a. The Individual acknowledges that a breach of any rules applying to any competition held as part of the lead-up to or during the Event will be considered misconduct and may result in suspension of the Individual from competition.
- b. During the Event Team Management may make rules pertaining to the Event to enable its smooth running. These will be communicated to the individual through either written or verbal means prior to being enforceable.
- c. Team Management and/or NZCAF Executive may terminate the Individual's participation in the event, and/or exclude the Individual from attending the competition if the Individual:
 - i. commits any violation of the Sports Anti-Doping Act 2006 and/or the Anti-Doping rules or policies of WADA;
 - ii. brings him/herself, another Individual, an official, NZCAF, or NZCAF generally, into disrepute;
 - iii. breaches the rules of any event, competition or activity in which the Individual has been selected to participate;
 - iv. breaches any rule notified to the Individual under clause 7.b;
 - v. breaches the current NZCAF Event Code of Conduct;
 - vi. breaches this agreement;
- d. The Individual agrees that any additional costs incurred, or financial losses resulting from the Individual's suspension from the event will be at the Individual's personal expense.

9. PRIVACY AND INTEGRITY

- a. The individual agrees to act in ways which respect and protect the integrity of the individual, team members, team management, LOC and NZCAF.
- b. All financial, medical, or wellbeing information pertaining to an individual will be treated as confidential, and not relayed to other parties without consent by the individual, or their parent/guardian if under 16 years of age.

10. DECLARATION OF AGREEMENT

- a. The Individual acknowledges and agrees that they:
 - i. have read, understands and agrees to the Team Member Agreement;
 - ii. will comply with the Team Member Agreement;
 - iii. have detailed all existing medical conditions and/or past injuries on the attached form;

SIGNED BY THE INDIVIDUAL (or parent/guardian if under 16 years)

PRINT NAME DATE
...../...../.....

Additional information

Indicative Costs

The following are compulsory costs that selected athletes should expect:

• Athlete entry Fee (per athlete, per routine)	\$105.00
• Team management fee	\$40.00
• Team Accommodation (4 nights) *	\$400.00 (shared room) / \$700 private room
• Team Uniform (minimum requirements)	\$350.00
• Team Jacket (if not already purchased)	\$140.00
• Athlete event lunch/dinner package	\$150.00

* Only applicable where athletes are not from Invercargill.

Any athlete under 16 must have a coach over 16 or parent staying at the accommodation.

Private rooms will be allocated by Team Management based on availability and suitability when considering the whole team's requirements.

Indicative travel timing

Athletes should plan to arrive Invercargill Wednesday morning or early, and depart Invercargill Sunday morning