

2025 NZCAF Canterbury Aerobics Regionals  
Rangi Ruru Girls College  
17 Aug 2025

**Results**

**NZCAF Novice Individual Primary Division 5 - Heat #1**

|            |                                                          | A1 | A2 | A3 | T1 | Ar1 |
|------------|----------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b>  | Zara Coulter<br>Tai Tapu / Octane Aerobics               | 1  | 1  | 1  | 2  | 1   |
| <b>2.</b>  | Danica Harris<br>Darfield Primary School                 | 6  | 4  | 2  | 1  | 2   |
| <b>3.</b>  | Lily Prattley<br>Darfield Primary School                 | 2  | 2  | 4  | 3  | 4   |
| <b>4.</b>  | Poppy Bloy<br>Tai Tapu / Octane Aerobics                 | 4  | 3  | 3  | 6  | 3   |
| <b>5.</b>  | Phoebe Dibnah<br>St Francis of Assisi School             | 5  | 5  | 5  | 5  | 12  |
| <b>6.</b>  | Eliana Carey<br>St Francis of Assisi School              | 3  | 10 | 7  | 10 | 6   |
| <b>7.</b>  | Ruby Clemence<br>Knights Stream School / Octane Aerobics | 10 | 7  | 8  | 8  | 7   |
| <b>8.</b>  | Adaline Hooper<br>St Francis of Assisi School            | 7  | 8  | 15 | 9  | 8   |
| <b>9.</b>  | Lily Carney<br>St Francis of Assisi School               | 11 | 11 | 9  | 4  | 5   |
| <b>10.</b> | Olivia Walker<br>Harewood School / Xcelerate Aerobics    | 8  | 9  | 13 | 13 | 10  |
| <b>11.</b> | Amelia Laker<br>St Francis of Assisi School              | 13 | 15 | 10 | 7  | 11  |
| <b>12.</b> | Paige Ngenang<br>Spreydon School / Octane Aerobics       | 9  | 6  | 11 | 12 | 13  |
| <b>13.</b> | Lily Dunster<br>Selwyn House School / Xcelerate Aerobics | 12 | 12 | 6  | 14 | 9   |
| <b>14.</b> | Adalyn Benseman<br>North Loburn School / Soul DnA        | 15 | 13 | 14 | 11 | 14  |
| <b>15.</b> | Ella Rathod<br>St Francis of Assisi School               | 14 | 14 | 12 | 15 | 15  |

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**Results**

**NZCAF Novice Individual Primary Division 5 Male - Heat #1**

|           |                                                   | A1 | A2 | A3 | T1 | Ar1 |
|-----------|---------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Olly Cresswell<br>Woodend School / Soul DnA       | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Edison McConchie<br>Home school / Octane Aerobics | 2  | 2  | 2  | 2  | 2   |

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**Results**

**NZCAF Novice Individual Intermediate Division 5 - Heat #1**

|            |                                                            | A1 | A2 | A3 | T1 | Ar1 |
|------------|------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b>  | Freya Tymons-Bell<br>Darfield High School                  | 4  | 1  | 1  | 4  | 2   |
| <b>2.</b>  | Charlise Clarke<br>Tai Tapu / Octane Aerobics              | 2  | 2  | 3  | 5  | 1   |
| <b>3.</b>  | Amelie Harrop<br>Rangi Ruru Girls School                   | 1  | 4  | 6  | 1  | 4   |
| <b>4.</b>  | Tayla Orford<br>Rangi Ruru Girls School                    | 3  | 5  | 5  | 3  | 5   |
| <b>5.</b>  | Ella Robertson<br>Rangi Ruru Girls School                  | 6  | 6  | 8  | 10 | 6   |
| <b>6.</b>  | Pippa Dalley<br>Darfield High School                       | 7  | 7  | 2  | 8  | 3   |
| <b>7.</b>  | Beatrix Coomer<br>Rangi Ruru Girls School                  | 5  | 8  | 7  | 6  | 7   |
| <b>8.</b>  | Lilah Baird<br>Chisnallwood Intermediate / Octane Aerobics | 9  | 11 | 4  | 9  | 8   |
| <b>9.</b>  | Claudia Luke<br>Selwyn House School / Xcelerate Aerobics   | 10 | 3  | 9  | 7  | 9   |
| <b>10.</b> | Amalie Carara<br>Rangi Ruru Girls School                   | 8  | 10 | 11 | 2  | 14  |
| <b>11.</b> | Allie Green<br>Casebrook Intermediate School / Soul DnA    | 12 | 13 | 10 | 11 | 10  |
| <b>12.</b> | Harper Muir<br>Rangi Ruru Girls School                     | 13 | 9  | 14 | 13 | 11  |
| <b>13.</b> | Stella Schouten<br>Rangi Ruru Girls School                 | 11 | 16 | 12 | 14 | 13  |
| <b>14.</b> | Tessa Gowland<br>St Peter's School / Octane Aerobics       | 14 | 12 | 16 | 12 | 16  |
| <b>15.</b> | Shania Ward<br>Mahi Matatoa / Soul DnA                     | 15 | 14 | 13 | 15 | 15  |

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**Results**

**NZCAF Novice Individual Intermediate Division 5 - Heat #1**

|            |                                          | A1 | A2 | A3 | T1 | Ar1 |
|------------|------------------------------------------|----|----|----|----|-----|
| <b>16.</b> | Heidi Johnson<br>Rangi Ruru Girls School | 16 | 15 | 15 | 16 | 12  |

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**Results**

**NZCAF Novice Individual Secondary Division 5 - Heat #1**

|           |                                                 | A1 | A2 | A3 | T1 | Ar1 |
|-----------|-------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Olivia Nelson<br>Christchurch Girls High School | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Siena Main<br>Kaiapoi High School / Soul DnA    | 3  | 3  | 2  | 2  | 2   |
| <b>3.</b> | Chinaku Mutohori<br>Rangi Ruru Girls School     | 2  | 2  | 3  | 3  | 3   |

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**Results**

**NZCAF Novice Individual Intermediate Division 4 - Heat #1**

|           |                                                                 | A1 | A2 | A3 | T1 | Ar1 |
|-----------|-----------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Lexi Perrin<br>Darfield High School                             | 2  | 2  | 1  | 2  | 1   |
| <b>2.</b> | Claire Legaspi<br>St Francis of Assisi School / Octane Aerobics | 1  | 3  | 3  | 1  | 2   |
| <b>3.</b> | Inari October<br>Mahi Matatoa / Soul DnA                        | 3  | 1  | 2  | 3  | 4   |
| <b>4.</b> | Mahlka Serra<br>Woodend School / Soul DnA                       | 4  | 4  | 4  | 4  | 3   |
| <b>5.</b> | Charlotte Ward<br>Woodend School / Soul DnA                     | 5  | 5  | 5  | 5  | 5   |

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**Results**

**NZCAF Open Individual U12 Division 3 - Heat #1**

|           |                                                                   | A1 | A2 | A3 | T1 | Ar1 |
|-----------|-------------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Elsie Lay<br>Breens Intermediate School / Octane Aerobics         | 1  | 3  | 1  | 1  | 4   |
| <b>2.</b> | Elsa Dong<br>Selwyn House School / Xcelerate Aerobics             | 3  | 1  | 2  | 2  | 3   |
| <b>3.</b> | Zara Sehdev<br>Halswell School / Octane Aerobics                  | 2  | 2  | 3  | 3  | 1   |
| <b>4.</b> | Evelyn Carney<br>St Francis of Assisi School / Xcelerate Aerobics | 4  | 4  | 4  | 4  | 2   |

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**Results**

**NZCAF Open Individual U14 Division 3 - Heat #1**

|           |                                                             | A1 | A2 | A3 | T1 | Ar1 |
|-----------|-------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Efa Watkins<br>Renwick School / Octane Aerobics             | 1  | 1  | 2  | 2  | 1   |
| <b>2.</b> | Kayla Rice<br>St Francis of Assisi School / Octane Aerobics | 2  | 2  | 1  | 1  | 2   |
| <b>3.</b> | Amelia Rothschild-Stewart<br>North Loburn School / Soul DnA | 3  | 4  | 3  | 3  | 3   |
| <b>4.</b> | Lucy Hawkins<br>St Margaret's College / Soul DnA            | 4  | 6  | 4  | 5  | 4   |
| <b>5.</b> | Madeline Rosewarne<br>Woodend School / Soul DnA             | 5  | 3  | 5  | 4  | 5   |
| <b>6.</b> | Sophie Hamilton<br>Woodend School / Soul DnA                | 6  | 5  | 6  | 6  | 6   |

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**Results**

**NZCAF Open Individual U19 Division 3 - Heat #1**

|           |                                                        | A1 | A2 | A3 | T1 | Ar1 |
|-----------|--------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Ella Lingard<br>Marion College / Xcelerate Aerobics    | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Alice Howard<br>St Andrew's College / Game On Aerobics | 2  | 2  | 2  | 2  | 2   |

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Results

NZCAF Novice Team Secondary Division 4 - Heat #1

|    |                                                       | A1 | A2 | A3 | T1 | Ar1 |
|----|-------------------------------------------------------|----|----|----|----|-----|
| 1. | Eliza and Charlotte<br>Christchurch Girls High School | 1  | 1  | 1  | 1  | 1   |

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2025 NZCAF Canterbury Aerobics Regionals  
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**Results**

**NZCAF Novice Team Primary Division 5 - Heat #1**

|           |                                                   | A1 | A2 | A3 | T1 | Ar1 |
|-----------|---------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Super Two<br>St Francis of Assisi School          | 1  | 2  | 1  | 1  | 4   |
| <b>2.</b> | Talented Two<br>St Francis of Assisi School       | 4  | 1  | 2  | 3  | 1   |
| <b>3.</b> | Elmo and Cookie<br>Darfield Primary School        | 3  | 3  | 5  | 2  | 2   |
| <b>4.</b> | The Shooting Stars<br>St Francis of Assisi School | 5  | 5  | 3  | 4  | 3   |
| <b>5.</b> | Double Trouble<br>St Francis of Assisi School     | 2  | 4  | 4  | 5  | 5   |

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**Results**

**NZCAF Novice Team Intermediate Division 5 - Heat #1**

|           |                                                            | A1 | A2 | A3 | T1 | Ar1 |
|-----------|------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Amelie Harrop & Tayla Orford<br>Rangi Ruru Girls School    | 2  | 2  | 1  | 3  | 1   |
| <b>2.</b> | Ella Robertson & Beatrix Coomer<br>Rangi Ruru Girls School | 1  | 4  | 2  | 1  | 2   |
| <b>3.</b> | Harper & Amalie<br>Rangi Ruru Girls School                 | 3  | 3  | 3  | 2  | 4   |
| <b>4.</b> | Tara & Bree<br>Tai Tapu / Octane Aerobics                  | 4  | 1  | 4  | 4  | 3   |
| <b>5.</b> | Sophie Foster & Stella Schouten<br>Rangi Ruru Girls School | 5  | 5  | 5  | 5  | 5   |

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**Results**

**NZCAF Novice Team Secondary Division 5 - Heat #1**

|           |                                                              | A1 | A2 | A3 | T1 | Ar1 |
|-----------|--------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Claudia, Imogen and Noelle<br>Christchurch Girls High School | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Olivia and Hayzel<br>Christchurch Girls High School          | 2  | 2  | 2  | 2  | 2   |

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| Results |                                                   | NZCAF Novice Team Intermediate Division 4 - Heat #1 |    |    |    |     |
|---------|---------------------------------------------------|-----------------------------------------------------|----|----|----|-----|
|         |                                                   | A1                                                  | A2 | A3 | T1 | Ar1 |
| 1.      | Danica & Lexi<br>Darfield High / Darfield Primary | 1                                                   | 1  | 1  | 1  | 1   |

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Results

NZCAF Open Team U12 Division 3 - Heat #1

|    |                                     | A1 | A2 | A3 | T1 | Ar1 |
|----|-------------------------------------|----|----|----|----|-----|
| 1. | FRUBY<br>Tai Tapu / Octane Aerobics | 1  | 1  | 1  | 1  | 1   |

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Results

NZCAF Open Team U14 Division 3 - Heat #1

|    |                                       | A1 | A2 | A3 | T1 | Ar1 |
|----|---------------------------------------|----|----|----|----|-----|
| 1. | Pippa & Freya<br>Darfield High School | 1  | 1  | 1  | 1  | 1   |

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Results

NZCAF Team 19+ Division 1 - Heat #1

|    |                                    | A1 | A2 | A3 | T1 | Ar1 |
|----|------------------------------------|----|----|----|----|-----|
| 1. | The power pair<br>Game On Aerobics | 1  | 1  | 1  | 1  | 1   |

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Results

NZCAF Team U19 Division 1 - Heat #1

|    |                                                                | A1 | A2 | A3 | T1 | Ar1 |
|----|----------------------------------------------------------------|----|----|----|----|-----|
| 1. | Amelia & Leila<br>St Hildas Collegiate / Peak Aerobics Academy | 1  | 1  | 1  | 1  | 1   |

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Results

FISAF Fitness Adult - Heat #1

|    |                             | A1 | A2 | A3 | T1 | Ar1 |
|----|-----------------------------|----|----|----|----|-----|
| 1. | Dancing Queens<br>Xcelerate | 1  | 1  | 1  | 1  | 1   |

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**Results**

**NZCAF Fitness U14 - Heat #1**

|           |                                | A1 | A2 | A3 | T1 | Ar1 |
|-----------|--------------------------------|----|----|----|----|-----|
| <b>1.</b> | Army Girls<br>Soul DnA         | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Aladdin<br>Soul DnA            | 2  | 2  | 2  | 4  | 3   |
| <b>3.</b> | Team LOVE<br>Octane Aerobics   | 3  | 4  | 3  | 3  | 2   |
| <b>4.</b> | Cars<br>Xcelerate              | 4  | 3  | 4  | 2  | 4   |
| <b>5.</b> | Pink Ladies<br>Octane Aerobics | 5  | 5  | 5  | 5  | 5   |

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**Results**

**FISAF Fitness Cadet Grande - Heat #1**

|           |                           | A1 | A2 | A3 | T1 | Ar1 |
|-----------|---------------------------|----|----|----|----|-----|
| <b>1.</b> | Circus<br>Octane Aerobics | 2  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Roar<br>Soul DnA          | 1  | 2  | 2  | 2  | 2   |

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Results

FISAF Fitness Cadet Petite - Heat #1

|    |                               | A1 | A2 | A3 | T1 | Ar1 |
|----|-------------------------------|----|----|----|----|-----|
| 1. | Greatest Showmen<br>Xcelerate | 1  | 1  | 1  | 1  | 1   |

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**Results**

**FISAF Fitness Junior Grande - Heat #1**

|           |                                          | A1 | A2 | A3 | T1 | Ar1 |
|-----------|------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Dallas Girls<br>Octane Aerobics          | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Queen Bee<br>Soul DnA / Game On Aerobics | 2  | 2  | 2  | 2  | 2   |

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Results

NZCAF Fitness U19 - Heat #1

|    |                                             | A1 | A2 | A3 | T1 | Ar1 |
|----|---------------------------------------------|----|----|----|----|-----|
| 1. | Starships<br>Christchurch Girls High School | 1  | 1  | 1  | 1  | 1   |

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**Results**

**FISAF Team Junior Duos - Heat #1**

|           |                                | A1 | A2 | A3 | T1 | Ar1 |
|-----------|--------------------------------|----|----|----|----|-----|
| <b>1.</b> | Kayla & Efa<br>Octane Aerobics | 1  | 1  | 1  | 1  | 1   |
| <b>2.</b> | Ella and Sophie<br>Xcelerate   | 2  | 2  | 2  | 2  | 2   |

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**Results**

**NZCAF Open Individual U16 Division 2 - Heat #1**

|           |                                                                 | A1 | A2 | A3 | T1 | Ar1 |
|-----------|-----------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Zoé Franicevic<br>Kaiapoi High School / Soul DnA                | 4  | 1  | 1  | 1  | 5   |
| <b>2.</b> | Kyla McDonald<br>St Margaret's College / Soul DnA               | 1  | 2  | 4  | 2  | 2   |
| <b>3.</b> | Amelia McKeever<br>St Hildas Collegiate / Peak Aerobics Academy | 3  | 3  | 5  | 4  | 1   |
| <b>4.</b> | Arielle Lawrence<br>Rangiora High School                        | 2  | 5  | 3  | 5  | 3   |
| <b>5.</b> | Greta Hurford<br>Cashmere High School / Octane Aerobics         | 5  | 4  | 2  | 3  | 4   |

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| Results |                                                                     | NZCAF Open Individual U19 Division 2 - Heat #1 |    |    |    |     |
|---------|---------------------------------------------------------------------|------------------------------------------------|----|----|----|-----|
|         |                                                                     | A1                                             | A2 | A3 | T1 | Ar1 |
| 1.      | Opal Gibbons<br>Christchurch Girls High School / Xcelerate Aerobics | 1                                              | 1  | 1  | 1  | 1   |

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| Results |                                                       | NZCAF Open Individual U16 Division 1 - Heat #1 |    |    |    |     |
|---------|-------------------------------------------------------|------------------------------------------------|----|----|----|-----|
|         |                                                       | A1                                             | A2 | A3 | T1 | Ar1 |
| 1.      | Rubie Leech<br>Darfield High School / Octane Aerobics | 1                                              | 1  | 1  | 1  | 1   |

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**Results**

**NZCAF Open Individual 19+ Division 1 - Heat #1**

|           |                                    | A1 | A2 | A3 | T1 | Ar1 |
|-----------|------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Molly Parker<br>Game On Aerobics   | 1  | 1  | 1  | 1  | 2   |
| <b>2.</b> | Ashley Malcolm<br>Game On Aerobics | 2  | 2  | 2  | 2  | 1   |

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**Results**

**FISAF Individual Cadet - Heat #1**

|           |                                                                | A1 | A2 | A3 | T1 | Ar1 |
|-----------|----------------------------------------------------------------|----|----|----|----|-----|
| <b>1.</b> | Xanthe Groufsky<br>Soul DnA                                    | 2  | 2  | 1  | 1  | 1   |
| <b>2.</b> | Julia Martinez<br>Xcelerate                                    | 1  | 1  | 3  | 2  | 2   |
| <b>3.</b> | Gisele Harkess<br>Rangi Ruru Girls School / Xcelerate Aerobics | 3  | 3  | 2  | 3  | 3   |

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Results

FISAF Individual Junior - Heat #1

|    |                                                           | A1 | A2 | A3 | T1 | Ar1 |
|----|-----------------------------------------------------------|----|----|----|----|-----|
| 1. | Ingrid Fleming<br>Empire Aerobics / Peak Aerobics Academy | 1  | 1  | 1  | 1  | 1   |

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Results

FISAF Individual Youth - Heat #1

|    |                                | A1 | A2 | A3 | T1 | Ar1 |
|----|--------------------------------|----|----|----|----|-----|
| 1. | Beth Andrew<br>Octane Aerobics | 1  | 1  | 1  | 1  | 1   |

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Results

FISAF Individual Adult - Heat #1

|    |                               | A1 | A2 | A3 | T1 | Ar1 |
|----|-------------------------------|----|----|----|----|-----|
| 1. | Elizabeth Hanaray<br>Velocity | 1  | 1  | 1  | 1  | 1   |

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